



## Grief Resources

[Imagine Recommended Book List by Age Group](#) (imagine's website has so many resources available to utilize)

[Sesame Street support for Grieving Kids](#)

[What's Your Grief](#) (online articles, blogs and helpful information related to grief)

[The National Alliance for Grieving Children](#)

[Good Grief](#) (Podcasts series, downloadable PDF COVID-19 Related resources)

[Grief Speaks](#) *Lisa(973)985-4503 Lisa Athan is currently providing Workshops, Trainings and Grief Support Session for Schools, Communities and Families. This is being done on Zoom. She offers a 15 minute free consultation*

## Free Grief Virtual Supports

[Imagine](#) (For virtual support groups just have them call 907-264-3100 or email info@imaginejnj.org.)

[Good Grief Virtual Groups](#) They are currently running virtual programs for grieving families. They also have excellent Covid-19 resources, one of which is about funerals in this time. They also have podcasts and webinars with information.

[The Compassionate Friends](#) A national organization, some local chapters are holding virtual support groups for families/friend of families who have suffered the loss of a child.

[Grief Share](#) Has local groups throughout NJ that are meeting virtually. Offer support for those in grief including daily emails of support. This group appears to have a spiritual philosophy.

[Grief.com](#) Online informational/support group for those in grief. During pandemic they are offering a daily Facebook group @1pm. [www.Facebook.com/groups/DavidKessler](http://www.Facebook.com/groups/DavidKessler).